

OUR SUNDAY CELEBRATION

FIRST SUNDAY OF LENT / C

6 MARCH 2022

Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him. 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH APOSTLES' CREED

Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable

and sacred time. Through Christ our Lord. **R. Amen.**

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE OF 1ST SUNDAY OF LENT

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he

who comes in the name of the Lord.

Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: We proclaim your Death, O Lord,

and profess your Resurrection

until you come again.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray . . .

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said . . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy

that you should enter under my roof,

but only say the word

and my soul shall be healed.

COMMUNION ANTIPHON

Mt 4:4

One does not live by bread alone, but by every word that comes forth from the mouth of God.

PRAYER AFTER COMMUNION

P. Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, and the Holy Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

CONFESSION OF FAITH

It is said that without the faculty of memory there can be no sense of identity. We don't know who we are or where we are going without knowing where we have been. For the people of Israel, it was critical to remember with gratitude the saving acts of God that had brought them to the land of promise, passing from slavery to freedom. Today's text from Deuteronomy was Israel's first creed and it played an important role in forming Israel's identity as a people cherished and chosen to be God's people in a unique way.

In the temptation scene, we see Jesus coming to terms with his identity as God's Son. Where was his life going? How was he to live as Son of God? For 40 days the devil searches and probes, entices, and challenges. Ultimately, Jesus proclaims that God is the source of his life, the devil's offer of power an illusion, and forcing God's hand is not acceptable for the person of faith.

In writing to the Christian community of Rome, Paul had to deal with the question of the identity of Christians and their relationship to the people of Israel and the Jewish law. While the people of Israel continued to have a special place in God's plans, Paul knew that the law that had been given to Moses now played a secondary role for Christians. Paul makes it clear that due to God's graciousness both Jews and Gentiles can be saved by means of faith in Jesus.

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TEMPTED BY THE DEVIL. The temptations experienced by Jesus in the wilderness were not temptations to moral evil as we usually understand it. They were not temptations to steal or murder or commit adultery. They were far more subtle: to give priority to material comfort, to have power over others, to test God. During Lent, let us take some time to examine our own attitudes: are we giving priority to God or in subtle ways putting ourselves first and God second?

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 90:15-16

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. **All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (striking the breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

V. Lord, have mercy.

R. Lord, have mercy.

V. Christ, have mercy.

R. Christ, have mercy.

V. Lord, have mercy.

R. Lord, have mercy.

The Gloria is not said during Lent.

COLLECT

P. Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

Deut 26:4-10

A reading from the book of Deuteronomy
The confession of faith of the elect.

Moses said to the people: 'The priest shall take the pannier from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

The word of the Lord.

R. Thanks be to God.

RESP PSALM

Ps 90:1-2, 10-15. R. v. 15

R. Be with me, Lord, when I am in trouble.

1. He who dwells in the shelter of the Most High / and abides in the shade of the Almighty / says to the Lord: 'My refuge, / my stronghold, my God in whom I trust!' **R.**
2. Upon you no evil shall fall, / no plague approach where you dwell. / For you has he commanded his angels, / to keep you in all your ways. **R.**

3. They shall bear you upon their hands / lest you strike your foot against a stone. / On the lion and the viper you will tread / and trample the young lion and the dragon. **R.**

4. His love he set on me, so I will rescue him; / protect him for he knows my name. / When he calls I shall answer: 'I am with you.' / I will save him in distress and give him glory. **R.**



SECOND READING

Rom 10:8-13

A reading from the letter of St Paul to the Romans

The confession of faith of the believers in Christ.

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Lk 4:1-13

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to Luke.

R. Glory to you, O Lord.

Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But