

OUR SUNDAY CELEBRATION

FOURTH SUNDAY OF ADVENT / C

19 DECEMBER 2021

reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.'

The Gospel of the Lord.
R. Praise to You, Lord Jesus Christ

HOMILY
PROFESSION OF FAITH APOSTLES' CREED
Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL
LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.
P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.
R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS
P. May the Holy Spirit, O Lord, sanctify these gifts laid upon your altar, just as he filled with his power the womb of the Blessed Virgin Mary. Through Christ our Lord.
R. Amen.

THE EUCHARISTIC PRAYER
P. The Lord be with you.
R. And with your spirit.
P. Lift up your hearts.
R. We lift them up to the Lord.
P. Let us give thanks to the Lord our God.
R. It is right and just.

PREFACE II OF ADVENT
After the Preface, we sing or say:
All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION
P. The mystery of faith.
All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE
P. At the Saviour's command and formed by divine teaching, we dare to say:
All: Our Father, who art in heaven . . .
P. Deliver us, Lord, we pray . . .
All: For the kingdom, the power and the glory are yours now and for ever.
P. Lord Jesus Christ, who said . . .
R. Amen.

P. The peace of the Lord be with you always.
R. And with your spirit.
P. Let us offer each other the sign of peace.
All exchange a sign of peace

LAMB OF GOD
All: Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION
P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON Isa 7:14
Behold, a Virgin shall conceive and bear a son; and his name will be called Emmanuel.

PRAYER AFTER COMMUNION
P. Having received this pledge of eternal redemption, we pray, almighty God, that, as the feast day of our salvation draws ever nearer, so we may press forward all the more eagerly to the worthy celebration of the mystery of your Son's Nativity. Who lives and reigns for ever and ever.
R. Amen.

THE CONCLUDING RITES
P. The Lord be with you.
R. And with your spirit.
P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.
R. Amen.
P. Go in peace, glorifying the Lord by your life.
R. Thanks be to God.

BREAKING OPEN THE WORD
GOD IN OUR LIVES
Judah was not one of the more powerful tribes of Israel. It must have come as a surprise to many when Micah prophesied that it was from Bethlehem, one of the least clans of Judah, that a future king would come. The future king that Micah promised was one who would feed the flock of God's people using his power to protect them. The passage from the letter to the Hebrews reminds us that as king Jesus more than fulfilled that promise when he offered his very life as a sacrifice. In the Gospel, the new age promised by Micah dawns as Mary visits her kinswoman Elizabeth in the hill country of Judah. Elizabeth wonders at the visit of Mary, the mother of the Lord, and she is filled with the Holy Spirit by whose power she recognises that the promises God made long ago are now coming to their fulfilment. Perhaps her wonder at John's birth, against all expectations when hope had been lost, has sharpened her perception of the mysterious ways of God. Often it is those who have experienced God's unexpected intervention in their own lives who are the most adept at perceiving how God is working in the lives of others. Advent can be the same for us, a moment of blessing that invites us to recognise how God is working in our lives and world, most of all, in the birth of Jesus our Lord.



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BLESSED IS SHE WHO BELIEVED. From Bethlehem, the least of the clans of Judah, and from a peasant girl, Mary, one of the least of the Jewish people, God prepared a body for Jesus, the saviour of the world. As we rejoice in the saviour who has come to visit us, we also join Elizabeth in praising Mary for her faith, her love and her obedience.

INTRODUCTORY RITES
ENTRANCE ANTIPHON cf. Isa 45:8
Drop down dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Saviour.

GREETING
P. In the name of the Father, and of the Son, and of the Holy Spirit.
R. Amen.
P. Grace to you and peace from God our Father and the Lord Jesus Christ.
R. And with your spirit.

PENITENTIAL ACT
P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
P. You were sent to heal the contrite of heart: Lord, have mercy.
R. Lord, have mercy.

P. You came to call sinners: Christ, have mercy.
R. Christ, have mercy.
You are seated at the right hand of the Father to intercede for us: Lord, have mercy.
R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.
R. Amen.
The Gloria is not said during Advent

COLLECT
P. Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.
R. Amen.

LITURGY OF THE WORD
FIRST READING Mic 5:1-4
A reading from the prophet Micah.
Out of you will be born the one who is to rule over Israel.
The Lord says this:

You, Bethlehem Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel. He will stand and feed his flock with the power of the Lord, with the majesty of the name of his God. They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.
The word of the Lord.

R. Thanks be to God.
RESP PSALM Ps 79:2-3, 15-16, 18-19. R. v. 4
R. Lord, make us turn to you; let us see your face and we shall be saved.

1. O shepherd of Israel, hear us, / shine forth from your cherubim throne. / O Lord, rouse up your might, / O Lord, come to our help. **R.**
2. God of hosts, turn again, we implore, / look down from heaven and see. / Visit this vine and protect it, / the vine your right hand has planted. **R.**
3. May your hand be on the man you have chosen, / the man you have given your strength. / And we shall never forsake you again: / give us life that we may call upon your name. **R.**

SECOND READING Heb 10:5-10
A reading from the letter to the Hebrews.
I am coming to do your will.
This is what Christ said, on coming into the world:
You who wanted no sacrifice or oblation, prepared a body for me.
You took no pleasure in holocausts or sacrifices for sin; then I said,



just as I was commanded in the scroll of the book, 'God, here I am! I am coming to obey your will.'

Notice that he says first: You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will. He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

The word of the Lord.
R. Thanks be to God
GOSPEL ACCLAMATION Lk 1:38
Alleluia, alleluia! I am the servant of the Lord: may his will for me be done. Alleluia!

GOSPEL Lk 1:39-44
P. The Lord be with you.
R. And with your spirit
P. A reading from the holy Gospel according to Luke.
R. Glory to you, O Lord.
Why should it happen that I am honoured with a visit from the mother of my Lord?

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, 'Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting